



Self Directed Support

Linda Campbell, Stroke Coordinator

Grant Manson- Service user



What is Self Directed Support

Way of providing social care services which enable you to;

- Have more choice and flexibility
- Have money to buy your own services
- Choose services to suit and improve your lifestyle
- Manage your own support



7 SIMPLE STEPS TO SDS

1. Find out how much money is available to you
2. Make a plan showing how you would like to live your life and receive support
3. Agree your plan with the important people in your life and your social worker (or Community care officer)
4. Arrange how you will manage the money available for your support
5. Organise your support
6. Live your life
7. Check how it worked / review

A very personal experience

Grant Manson

“All for one...”



Self Directive Support

Our Journey

Our Wonder Woman

- Wife of 1
- Mum of 3
- Nana of 5
- 'Auntie Bev' to countless others
- Wife, Mum, Nana, Business Woman, Rock.

Ward 2A, June to December 2014



- Early prognosis “Prepare for the worst.”
- The rollercoaster ride of recovery begins.
- Early family involvement.
- Setting goals together.
- Hope.

HOME

is where your heart is

- Why did we choose to bring Mum home?
- How has SDS helped?
- Admin and the logistics.
- Our experience.
- Progress.